

1 BIZEPS



2 DELTOIDESAK



3 DELTOIDESAK



4 TRIZEPSAK



5 TRIZEPSAK



6 TRIZEPSAK



7 TRIZEPSAK



8 GLUTEOAK



9 GLUTEOAK



10 GLUTEOAK



11 GLUTEOAK



12 PSOASA



13 KOADRIZEPSAK



14 TRIZEPSAK



15 COREa



16 DORTSALAK



17 DORTSALAK



18 TIBIALAK

